

Black History Month—Mine Eyes Have Seen The Glory Of The Coming Of The Lord!

Dr. Martin Luther King Jr.'s final speech is known as "**I've Been to the Mountaintop.**" It was delivered on **April 3, 1968**, in **Memphis, Tennessee** — **the night before he was assassinated.**

It's one of the most powerful and haunting speeches in American history.

Dr. King was in Memphis to support **sanitation workers who were on strike** after two workers were killed on the job. The strike was about: fair wages, safe working conditions, dignity for Black laborers.

This fits exactly with where King was at the end of his life: **economic justice**, workers' rights, and the Poor People's Campaign. He was exhausted, under constant threat, and had already survived multiple assassination attempts.

The speech feels different from many of his earlier ones. It's: reflective, urgent, prophetic, openly aware of death. At moments, it sounds like a farewell — even though no one knew it would be.

King defends the sanitation workers and calls for boycotts and collective economic action, saying real power comes from organized people and organized money.

This is the most chilling part. King speaks candidly about threats to his life — and dismisses fear entirely. He compares himself to Moses, who saw the Promised Land but did not enter it.

The final minutes are unforgettable:

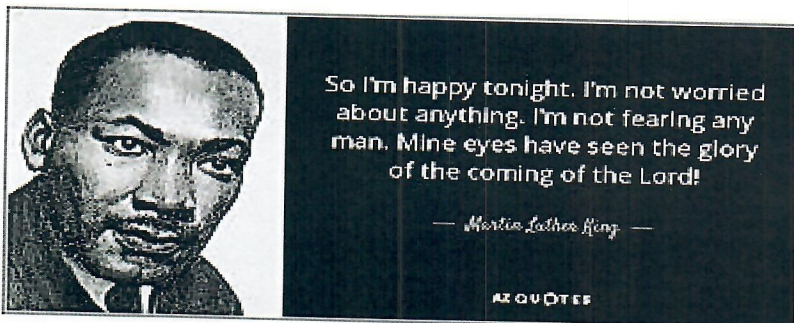
"Well, I don't know what will happen now.
We've got some difficult days ahead.
But it really doesn't matter with me now...
Because I've been to the mountaintop."

Then he says:

"I've looked over, and I've seen the Promised Land.
I may not get there with you. But I want you to know tonight, that we, as a people, will get to the Promised Land."

And he ends with: "I'm not fearing any man. Mine eyes have seen the glory of the coming of the Lord."

The crowd erupted — but many later said they felt something heavy in the room, like he *knew*.



SEX AFTER DEATH

A couple made a deal that whoever died first would come back and inform the other if there is sex after death.

Their biggest fear was that there was no after life at all. After a long life together, the husband was the first to die.

True to his word, he made the first contact:

" Marion Marion " "Is that you, Bob?" "Yes, I've come back like we agreed."

"That's wonderful! What's it like?"

"Well, I get up in the morning, I have sex. I have breakfast and then it's off to the golf course.

I have sex again, bathe in the warm sun and then have sex a couple of more times

Then I have lunch (you'd be proud - lots of greens). Another romp around the golf course, then pretty much have sex the rest of the afternoon. After supper, it's back to golf course again.

Then it's more sex until late at night. I catch some much needed sleep and then the next day it starts all over again"

"Oh, Bob! Are you in Heaven?"

"No I'M A RABBIT AT THE AUGUSTA NATIONAL GOLF COURSE.



MEDICARE OPEN ENROLLMENT PERIOD (OEP)

Medicare Open Enrollment Period (OEP) begins on January 1 and runs through March 31. During this time, you can make a one-time change to your Medicare Advantage plan if needed.

Important Update About 2026 Food Card Benefits!

Please be aware that food cards for 2026 will only be available to individuals who have a documented chronic health condition. The maximum benefit amount is \$343 per month.

Additionally, some of your Medicaid statuses may have changed, which could mean you now qualify for additional benefits. If you are unsure about your current status or would like help reviewing your eligibility, please contact me.

Give Back Programs!

Some Medicare Advantage plans can reduce your Part B premium and put money back into your Social Security check. The maximum giveback you can qualify for is **up to \$184 per month**, depending on the plans available in your ZIP code. Let me know if you'd like me to check what's offered in your area.



Hey! I'm giving out \$25 for every person you send my way who completes an appointment. They don't have to sign up for anything — just show up to the appointment and you get paid. If someone pops into your mind, send them over. I really appreciate you.

If you have any questions or need assistance, feel free to reach out—I'm here to help.

Quenon Smith Senior Healthcare Specialist 404-246-3163.

Offering Medicare Advantage Plans Through—United Health Care, Humana, Aetna, Wellcare, Cigna, Blue Cross Blue Shield, Kaiser, Devoted